

POSSIBLE STRESSORS FOR INDOOR CATS

New pet in the household

New person in the household

Loss of companion

Construction work (inside or out)

Visit to the vet

Change in routine

Change in diet

Lack of routine (chaotic household)

Illness

View of animals outside

Conflicts with other pets

Dirty litterbox

Loud noises, loud music

Absence of owners

Poor litterbox location

Change in litter type or brand

Conflict among family members

Too few litterboxes

Too few feeding stations in a multi-cat household

Odors in the house

Difficulty adjusting to indoor life

Electronics and noisy appliances in the home

Thunderstorms

Change in owner's schedule

Too many cats in the home

Lack of stimulation--e.g. toys, inter-active play

Fleas

New baby in the family

Rearranging furniture--new furniture

Parties, family get-togethers

Having to wait too long before feedings

Food placed too close to the litterbox

Being restricted from normally used areas

Strange caretaker or pet sitter

Trying to hold onto the dominant position in multi-cat household

Feeling neglected by favorite person

A move to a new home

Getting a bath

Boredom--an unchanging environment

Receiving medication

Litterbox that is hooded or too small

Scented litter

Adjustment to clawless life after declaw operation

Small living space

Punishment by owner

Emotional or physical distress of family member

Not having adequate scratching targets in the home

Not having comfortable perches available

Not having access to natural light--a sunny window

Life itself within four walls